



Promoting Wellness and Recovery

John R. Kasich, *Governor*
Tracy J. Plouck, *Director*

Ohio Commission on Fatherhood

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Tracy J. Plouck, Director

Overview



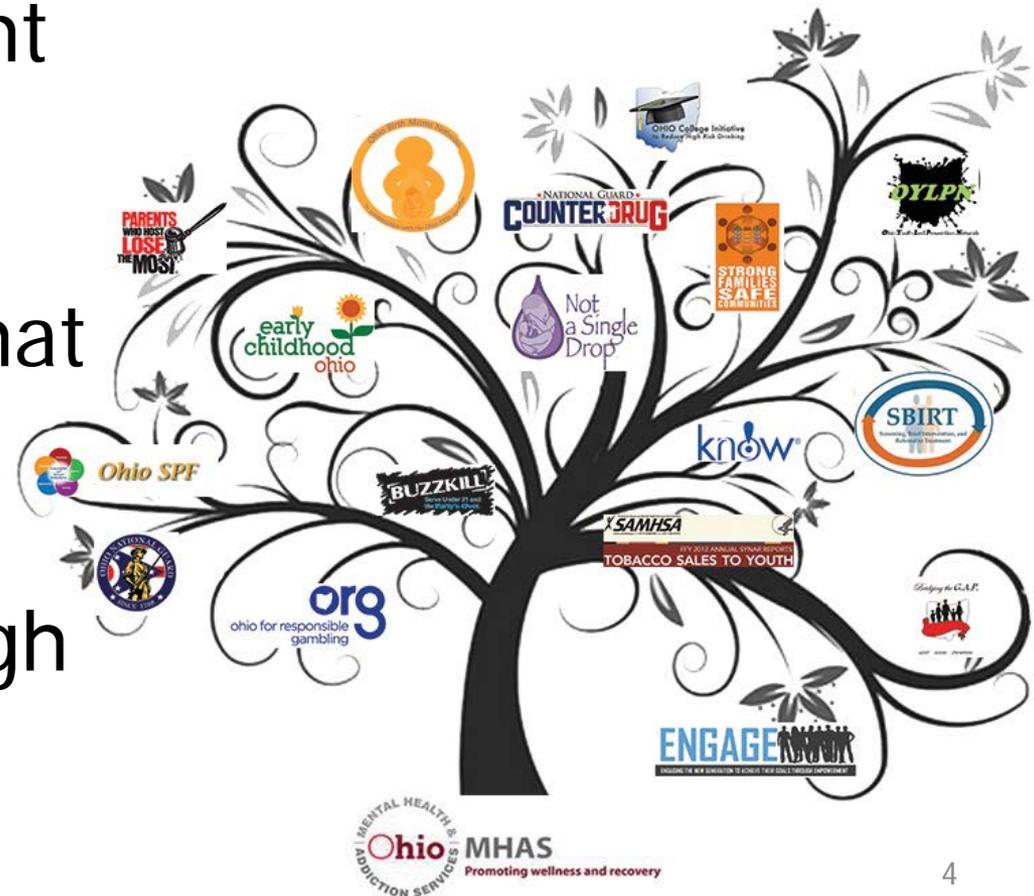
- OhioMHAS mission & vision
- OhioMHAS Bureau of Children & Families
- Ohio Federation of Families for Children's Mental Health
- OhioMHAS Planning Council
- Medicaid expansion
- Strong Families, Safe Communities project
- ENGAGE grant
- Access to Recovery
- *Start Talking!* – Youth Prevention Initiative

OhioMHAS Mission and Vision

- The mission of OhioMHAS is to provide statewide leadership of a high-quality mental health & addiction prevention, treatment and recovery system that is effective and valued by all Ohioans.
- OhioMHAS will be a national leader in implementing a comprehensive, accessible and quality-focused system of addiction & mental health care and wellness for all Ohio citizens.

OhioMHAS Vision for Prevention & Wellness

The Bureau of Children & Families is dedicated to statewide improvement and expansion of comprehensive community systems that help families support their children's health from the womb through young adulthood.



OhioMHAS Vision for Prevention & Wellness

OhioMHAS has continued to fund family-supported programs like Multi Systemic Therapy, where therapists work intensively with parents and caregivers to put them in control.



OhioMHAS Vision for Prevention & Wellness

Parent Advocacy Connection (PAC):
Overseen by NAMI Ohio, this grassroots organization of trained advocates is funded partially by OhioMHAS and helps parents navigate through service systems needed for their child (e.g. MH & AoD providers, juvenile courts, developmental disabilities).



Ohio Federation of Families for Children's Mental Health

- The Federation collaborates to strengthen statewide advocacy, training, education, services & supports for families of children who have mental health disorders.
- Trains parents to serve as support group leaders throughout Ohio.
- Participates in an annual Statehouse event to raise awareness amongst legislators about the needs of families with children who suffer from mental illness.

Planning Council

Ohio Community Supports Recovery Planning Council Members - November 25, 2013



Planning Council

- The OhioMHAS Planning Council is a federally mandated body that monitors, reviews and evaluates Ohio's block grant application.
- It also advocates for consumer and family-oriented, integrated community-based systems supporting the highest quality of life.

Medicaid expansion

- What does Medicaid expansion mean for fathers?
- Covering parents improves their lives and those of their children
- An estimated 176,000* uninsured parents will be covered under Medicaid expansion

*Governor's Office of Health Transformation, 09/30/2013 estimate

<http://www.healthtransformation.ohio.gov/LinkClick.aspx?fileticket=pyzZGSrppM4%3d&tabid=160>

Medicaid expansion – OhioMHAS

As a result of Medicaid enrollment, an estimated **\$70 million** annually in local ADAMH board spending may be redirected to other critical service gaps such as housing, prevention, peer services or addressing waiting lists.



Engaging the New Generation to Achieve Goals through Empowerment (ENGAGE)

OhioMHAS received a four-year federal grant, with the goal to develop a statewide system of care framework that coordinates & adapts policy, fiscal and administrative actions to support the successful transition of Ohio's youth and young adults ages 14-21 with mental health challenges, co-occurring disorders & multi-systems needs.



ENGAGING THE NEW GENERATION TO ACHIEVE THEIR GOALS THROUGH EMPOWERMENT

ENGAGE grant

- Recruits and encourages family members to offer advice and guidance to the State Management Team for the ENGAGE grant.
- Has made a specific effort to ensure that fathers are recognized in the group and encourages fathers to keep fatherhood as a focus of their advice.

Strong Families, Safe Communities

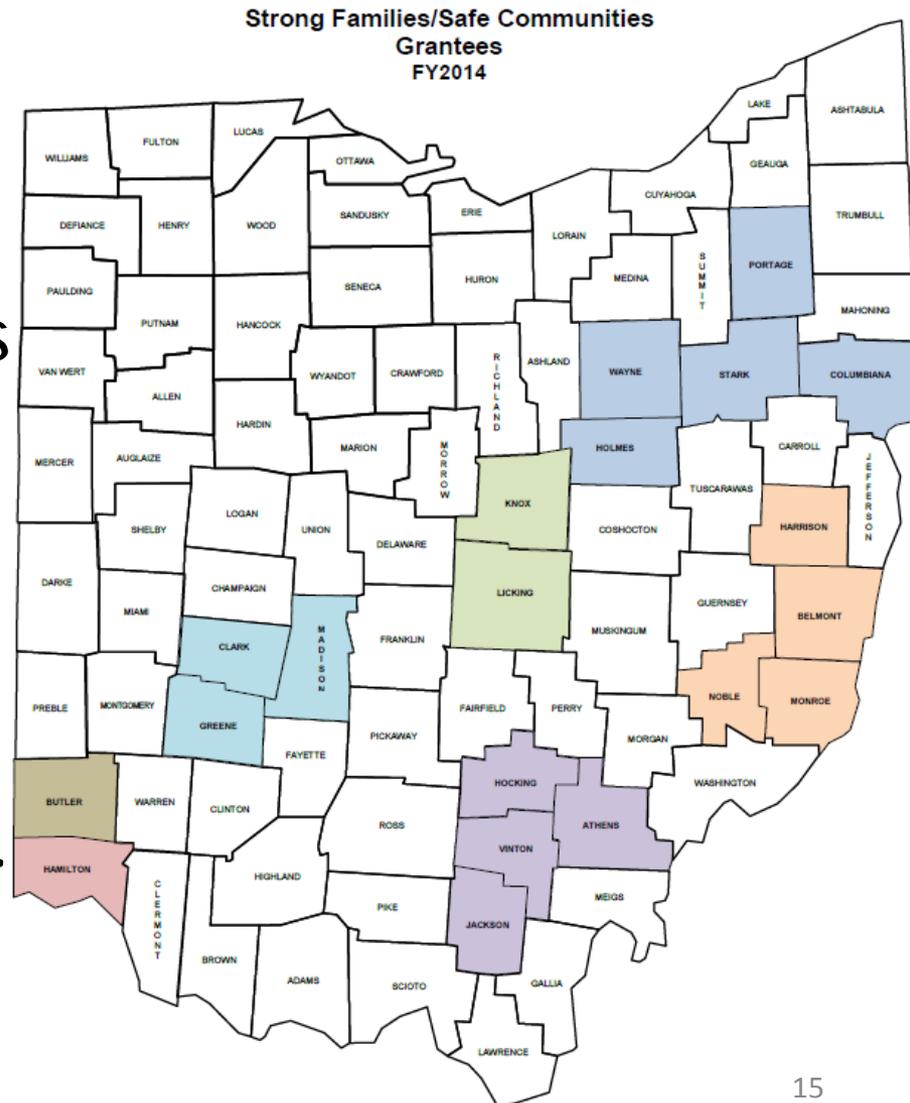
\$5M in funding from Governor Kasich's initiative to commit money from Ohio's Children's Health Insurance Program

Reauthorization Act (CHIPRA) to develop targeted strategies to stabilize youth in crisis, ages 8-24, and develop long-term treatment plans that help children & their families live happy & healthy lives.



Strong Families, Safe Communities

- OhioMHAS-DODD collaboration to engage local systems to identify community-driven solutions that highlight partnership across agencies to develop the best possible outcomes for children & families.
- On July 2, 2013, the Depts. announced awards to 7 community partnerships.



Access to Recovery

- Access to Recovery (ATR) is a 4 year federal grant program to provide electronic vouchers for treatment and/or recovery support services to eligible adult and adolescent participants who have had criminal justice system involvement within the past 5 years.
- ATR's project goal is to expand access to services, increase the number of service providers in the targeted areas & produce positive, quantifiable recovery outcomes.

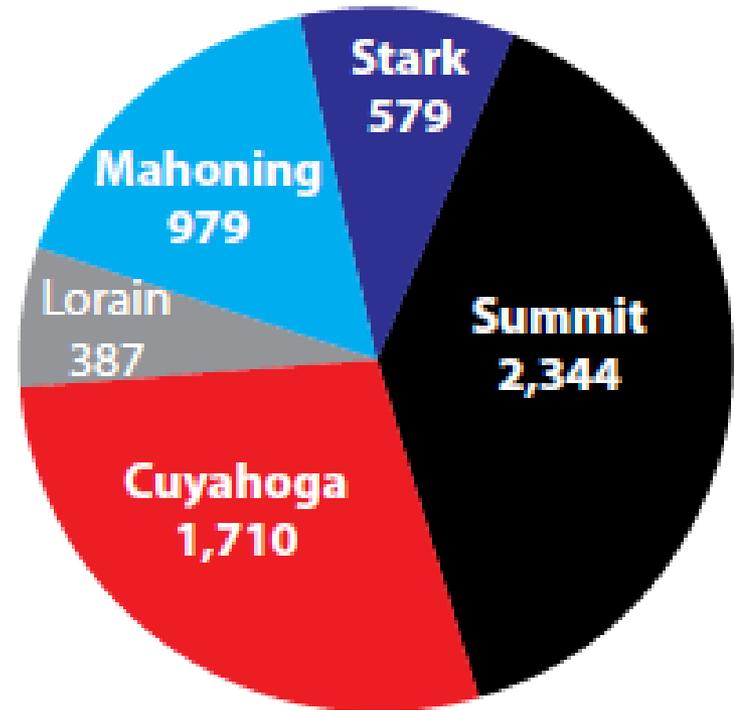


ACCESS TO
RECOVERY

Access to Recovery

- ATR offers many services helpful to fathers, including parenting classes, family engagement and family counseling.
- Targeted areas include: Cuyahoga, Lorain, Mahoning, Stark and Summit Counties.

ATR Clients by County



What is *Start Talking!*?

- Officially launched January 2014
- Free, easy, voluntary
- Involvement of local partners is critical
- www.starttalking.ohio.gov

Start Talking! 
Building a Drug-Free Future

Why do we need *Start Talking!*?

- Governor John R. Kasich has made attacking the drug problem a priority, and Ohio has developed a multi-pronged approach to fight drug abuse:
 - Promote public and professional education
 - Ramp up enforcement and interdiction efforts on our highways
 - Expand treatment options and recovery supports
 - **NOW** – *Start Talking!* to prevent drug abuse among our children

What is *Start Talking!?*

- Four simple strategies:
 1. Help parents understand the risks to their children & empower them with simple strategies
 2. Provide programming for schools to reinforce positive messages
 3. Encourage peer-to-peer conversations among high school youth to promote healthy lifestyles
 4. Build youth resiliency and resistance skills to peer pressure

What is *Start Talking!?*

- Four key programs:

- Know!

- Parents360 Rx

- 5 Minutes for Life

- Building Youth Resiliency

The logo for 'know!' features the word 'know' in a blue, lowercase, sans-serif font. The letter 'o' is replaced by a blue speech bubble with a white exclamation point inside. A registered trademark symbol (®) is located to the upper right of the word.The logo for 'PARENTS360Rx' consists of the text 'PARENTS360Rx' in a bold, black, sans-serif font. To the right of the text is a blue circular graphic with a white arrow pointing clockwise, suggesting a 360-degree view or a continuous cycle.

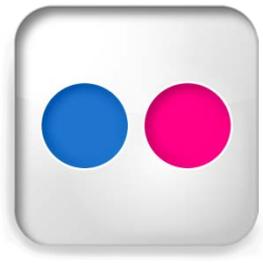
What has been done so far?

- **1,166** middle school principals, **4,243** school counselors and **620** in community school leadership have all signed up for Know! emails
- **220** people have signed up for TEACHable Moments tips*
- **171** people have signed up for Parents Tips*
- OhioMHAS has held **10** *Start Talking!* events across Ohio since January

*according to the Drug-Free Action Alliance
All numbers as of March 2014

More information

Find us on:



<http://www.mha.ohio.gov/>

Join our OhioMHAS e-news list-serv for all of the latest updates!

